

SkillsKit Certificate For Health & Safety



This assessment consists of **30** multiple choice questions on the six sections you have covered on Health & Safety.

There is a maximum time limit of 1 hour.

The pass mark is **20** correct answers.

You are **not** allowed any assistance to complete the answers.

You will need a pencil and an eraser to mark your answers.

When you have selected your answer option for a question place a **X** in the square. See below.

- a.
- b.
- c.
- d.

If you make a mistake and wish to change your answer rub out the original choice and mark out a new option.

Section 1: Introduction to Health & Safety

1. Which type of accident is responsible for causing the most casualties?

- a. Handling and lifting
- b. Falls from height
- c. Slips and trips
- d. Struck by a moving object

2. Which TWO of the following are environmental factors, which may affect Health & Safety?

- a. Carrying heavy loads
- b. Rain
- c. Temperature
- d. Tiredness

3. Which TWO of the following are human factors, which may affect Health & Safety?

- a. Laziness
- b. Wind
- c. Carrying heavy loads
- d. Ignorance

4. Which THREE of the following are factors contributing to accidents?

- a. Poor lighting and ventilation
- b. Playing games and practical jokes
- c. Lack of suitable music
- d. Ignoring rules
- e. Poor attendance

5. What is meant by the term risk?

- a. The result of harm being caused
- b. The result of carelessness
- c. The likelihood of harm being caused